

SENIOR DANCE CLASSES

Presented by the
CAMDEN COUNTY
BOARD OF COMMISSIONERS

**FREE SENIOR DANCE CLASSES
DURING THE FALL, FOR AGES 60+**

The class will teach a structured therapeutic dance for individuals. It is fun and geared to help improve and/or maintain strength and flexibility.

You **MUST** be a Camden County resident in order to participate.

Class sizes are limited to 20 per event. Registration is on a first come, first served, basis. Please register by going to:
camdencounty.info/3CtRVNG

Should you have any questions, or require additional information, please contact **Margaret "Peg" Murphy** by email, **Margaret.Murphy@camdencounty.com**, or phone, **(856)-374-6063**.

CAROL NORCROSS SOCIAL WELLNESS CENTER
512 LAKELAND ROAD

BLACKWOOD, NJ 08012

OCTOBER: 5th, 11th - 12:30 PM

NOVEMBER: 14th, 15th - 12:30 PM

DECEMBER: 5th, 14th - 12:30 PM

PINE HILL CONGREGATE NUTRITION PROGRAM
131 E. 12TH AVE.

PINE HILL, NJ 08021

OCTOBER: 20th - 10:30 AM

NOVEMBER: 10th - 10:30 AM

DECEMBER: 13th - 10:30 AM

FOR YOUR NEWS & EVENTS
THE BOARD OF COMMISSIONERS

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Making It Better, Together.

